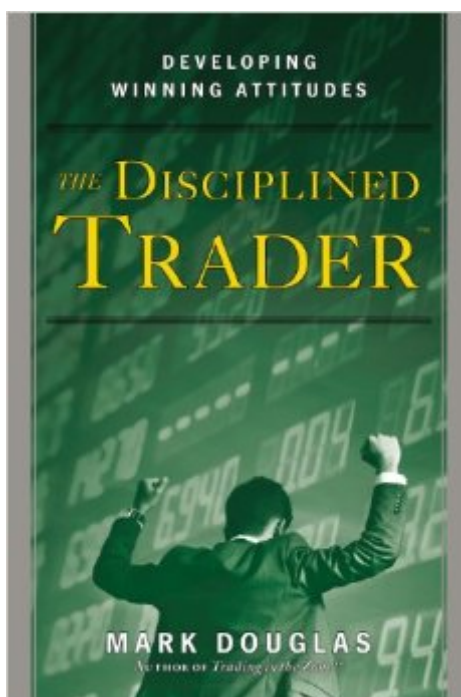


The book was found

The Disciplined Trader: Developing Winning Attitudes



Synopsis

One of the first books to address the psychological nature of how successful traders think ~ The Disciplined Trader is now an industry classic. In this groundbreaking work published in 1990 ~ Douglas examines the causes as to why most traders cannot raise and keep their equity on a consistent basis ~ and brings the reader to practical and unique conclusions as to how to go about changing any limiting mindset. The trader is taken through a step-by-step process to breakthrough those queries ~ and begin to understand that their very thoughts may be limiting their ability to accumulate and succeed at trading.

Book Information

Hardcover: 256 pages

Publisher: New York Institute of Finance (April 16, 1990)

Language: English

ISBN-10: 0132157578

ISBN-13: 978-0132157575

Product Dimensions: 6.2 x 0.9 x 9.3 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars See all reviews (191 customer reviews)

Best Sellers Rank: #13,249 in Books (See Top 100 in Books) #8 in Books > Business & Money > Investing > Commodities #193 in Books > Business & Money > Economics #306 in Books > Business & Money > Personal Finance

Customer Reviews

The number one reason that I like The Disciplined Trader is that Mark Douglas has no formal training in psychology. Rather, Douglas was trained in the only classroom that matters-the battlefield of actual trading. Even though this book was published in 1990 and there have been a plethora of trading-psychology books published since then, Douglas' material stands out as an innovative classic. He just uses his own gift for seeing the mental shortcomings of the losing trader and spells out his own fresh insights on what we, as traders, need to do to experience real success in trading. Douglas starts the book out from a perspective that many traders can identify with-crushing defeat. Humbling himself to the higher power that the market is and analyzing the formula for defeat, Douglas shows how he was able to reverse-engineer it to find the formula for success that many of the book's readers over the years have found useful in exorcising their own psychological demons. Central to Douglas' thesis is that the elements of character that produce success in most of

life's endeavors are completely different from those that will make you successful as a trader. To thrive in business or some professional career, you have to work hard to develop the skills that will allow you to be in control of your environment. To build a business empire, you have to be a great leader of people. To become a heart surgeon, you have to learn how to control your scalpel. To be a good mother, you have to know how to discipline your children. But successful trading, says Douglas, is the process of yielding to the market and being in control only of yourself and the way you respond to changing market conditions.

[Download to continue reading...](#)

The Disciplined Trader: Developing Winning Attitudes The Disciplined Trader™: Developing Winning Attitudes Building Winning Algorithmic Trading Systems, + Website: A Trader's Journey From Data Mining to Monte Carlo Simulation to Live Trading (Wiley Trading) The Cat Who Cried for Help: Attitudes, Emotions, and the Psychology of Cats Navigating Environmental Attitudes The French Way : Aspects of Behavior, Attitudes, and Customs of the French Wetlands of the American Midwest: A Historical Geography of Changing Attitudes (University of Chicago Geography Research Papers) Rescue Your Love Life: Changing Those Dumb Attitudes & Behaviors That Will Sink Your Marriage [UNABRIDGED] The Disciplined Life: Studies in the Fine Art of Christian Discipleship Essentialism: The Disciplined Pursuit of Less Essentialism: The Disciplined Pursuit of Less, by Greg McKeown: Key Takeaways, Analysis & Review Disciplined Collaboration: 4 Steps to Collaborative Success Self-Disciplined Dieter: How to Lose Weight and Become Healthy Despite Cravings and Weak Willpower Disciplined Entrepreneurship: 24 Steps to a Successful Startup Disciplined Entrepreneurship Piano Literature - Book 3: Developing Artist Original Keyboard Classics (The Developing Artist Library) Piano Sonatinas - Book One: Developing Artist Original Keyboard Classics (The Developing Artist) Piano Literature - Book 4: Developing Artist Original Keyboard Classics (The Developing Artist) Winning Grants Step by Step: The Complete Workbook for Planning, Developing and Writing Successful Proposals Winning Lacrosse for Girls (Winning Sports for Girls)

[Dmca](#)